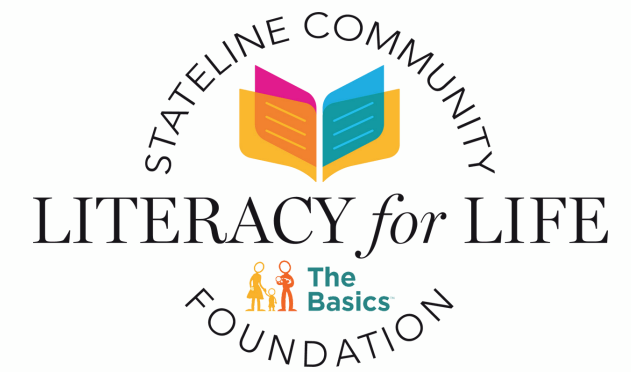


# HOW TO DO: THE BASICS WITH BUBBLES



Maximize Love,  
Manage Stress

Blowing bubbles can be very stress relieving.

**Try this:** Take a slow, deep breath in, count to 2, and slowly blow your breath out into the wand to form a bubble! Talk to your child about breathing to manage stress and emotions.



Talk, Sing,  
and Point

When you talk, sing, and point with your child you are increasing their vocabulary and language development.

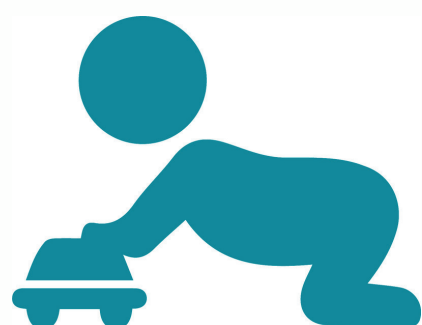
**Try this:** As you blow bubbles, talk about the shape, point to them as you talk about the colors in the bubbles. Sing the song on the back!



Count, Group  
and Compare

Everyone can be a math person when they practice "Count, Group and Compare."

**Try this:** Count bubbles as you pop them, talk about the spherical or circular shape of bubbles. Compare bigger bubbles to smaller bubbles. Compare the circular shape of bubbles with other shapes near you.



Explore Through  
Movement and Play

Movement and Play encourage physical well-being as well as critical thinking skills.

**Try this:** Chase the bubbles as you pop them. Pretend you are an animal and then move like that animal to pop the bubbles (hop like a frog, jump like a kangaroo). Use your imagination!

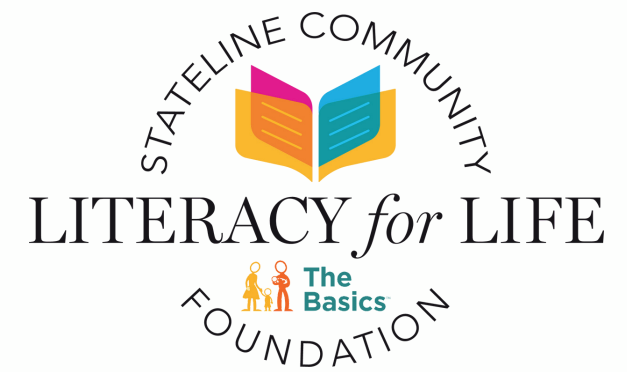


Read and Discuss  
Stories

Reading and discussing stories with your child (even babies!) builds early literacy skills.

**Try this:** Make up a story about where the bubbles are going, using the bubbles to set the scene for a story. You don't always need a book to build early literacy skills, spoken language is the foundation to all literacy skills.

# HOW TO DO: THE BASICS WITH BUBBLES



## Bubble Song

One little, two little, three little bubbles,  
Four little, five little, six little bubbles,  
Seven little, eight little, nine little bubbles,  
Ten little bubbles go, Pop! Pop! Pop!

**Have a child under 5?**

The Basics are five simple and powerful ways to help all children aged 0-5 build a strong foundation for success in school and life. JOIN Basics Insights by scanning the QR code below to receive a **FREE** weekly text about your child's development with activities to help boost their learning in these critical, early years.

